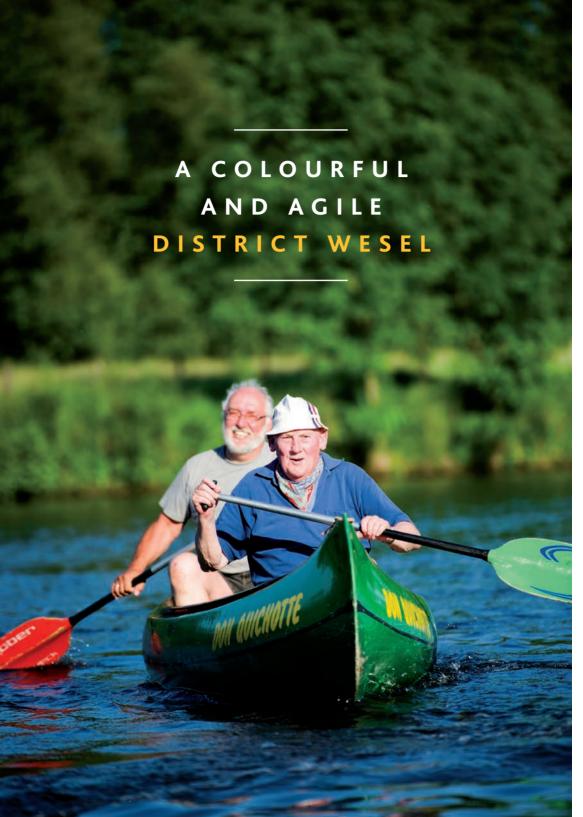
SPORTINE SPORTINE

FOR THE WESEL DISTRICT





The Kreissportbund Wesel is a base of the nation-wide program "Integration by Sport" so this is a central issue of our work throughout all topics and levels. We want to enable all foreigners to participate in any sports club activity. It is our aim to make the district Wesel colourful and agile.

Therefore, we promote the potential of the local sports clubs since they are our engine for integration. Sports clubs are full of community and life; they have great potentials to integrate foreigners into society by offering them a chance to participate in their activities. This Sport Guide shall be a help.

Doing sports is just the first step. We want to encourage foreigners to get involved in clubs' boards and to shape club's work and efforts. The program "Integration by Sport" aims at addressing foreigners to participate in sports clubs to make the program happen in real life.

Since the district Wesel is quite large, we need to connect to existing local networks in the individual municipalities to customize the program to local needs and facilities. If we enhance networking, we will minimize barriers and overcome many obstacles a single player would face. If all stakeholders of the program "Integration by Sport" keep exchanging views and experience, everybody will benefit effectively from their commitment and influence.

Minimizing barriers – this is the aim of this brochure. That is why we translated it into different languages. Sport speaks any language! One of our targets will come along with no efforts: doing sport in a club supports foreigners to learn German.

We would be happy if this Sport Guide could pave the way for many foreigners into the sports club in the district Wesel.

Heinrich Gundlach, Chairman

Our sports clubs are communities: Exercising together does not only promote health and makes you feel good, it also creates a sense of community and social contacts. You will find acquaintances, friends and a supportive group throughout your life.

Our sports clubs are open to everybody. A sports club lives on the diversity of its members: with or without migrant background, with or without disability, young or old, man or woman. Sports clubs offer activities for everybody. You can find classic sports like soccer, martial arts, swimming and tennis or trend sports like modern dance or even for rollator walkers.

HEALTH PROMOTION

Activity promotes health. The sports clubs in the district Wesel are competent partners for sport to prevent health problems or for rehabilitation sport. Participants benefit from quality-controlled and certified sports courses. Some costs might even be refund by health insurance.

SPORT FOR THE ELDERLY

Our society gets ever older and thus sedentary. Sports clubs in our district cannot prevent you from getting old but from getting sedentary. Joint exercise until old age keeps you fit, ensures mobility and independence. Contact to like-minded people is fun and supports your self-respect. If you are interested, find out about your sports club offers for any age, target and sporting level.

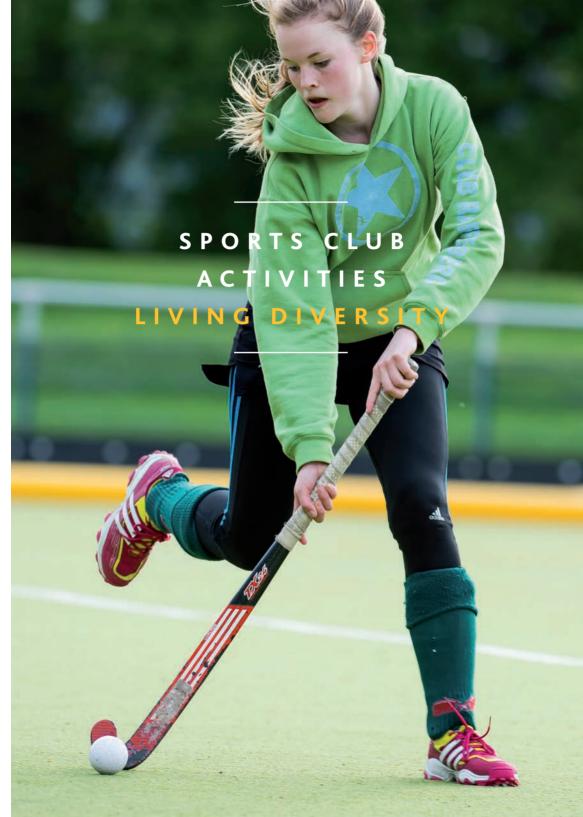
INCLUSION

Inclusion means to enable people with disabilities to participate in any aspect of social and community life. The sports clubs in the district Wesel make this vision come true. They take efforts to remove barriers, to qualify trainers and boards and to create offers fit for joint exercise.

CHILDREN AND TEENAGERS ARE ON THE MOVE

The sports clubs in Wesel also have a variety of offers for children and teenagers. However, it is not only about competition. In any sports club the central task is to promote activity and personalities of young sportsmen and thus to develop not only technical skills but also to promote social and educational competence.

Do you have any questions or are you looking for sport offers fit for you, your friend or family? We will be glad to help you. Please find our contact details on page seven.



ORGANISATION OF SPORTS CLUBS IN THE DISTRICT WESEL

Kreissportbund Wesel e.V.

represents sport organizations throughout the whole district Wesel

\uparrow \downarrow

Stadt- und Gemeindesportverbände (sport associations, city and municipality level)

represent sport associations from the 13 municipalities of Wesel



More than 500 sport clubs

offer various activities to the total of 130 000 members and other active people



CONTACT

Administrative office

Kreissportbund Wesel e.V.

Stralsunder Straße 21 46483 Wesel

Phone 0281 3009493 Fax 0281 30362 info@ksb-wesel.de www.ksb-wesel.de

Opening hours

Mon, Tue, Thurs 3–5 p.m. Wed, 3–6 p.m. Closed on Fridays

For information

Niels Ebling

Consultant

Phone 0281 3009493 niels.ebling@ksb-wesel.de

Anna Klaassen

Specialist for "NRW makes its CHILDREN move!" Specialist for "MOVING old in NRW!"

Phone 0281 3009493 anna.klaassen@ksb-wesel.de

Sport clubs in the Wesel district

Gemeindesportverband Alpen

Am Mühlenturm 117 46519 Alpen

Hans-Jürgen Sura 02802 73 78 Sura.alpen@t-online.de

Stadtsportverband Dinslaken

Almutstraße 119 46537 Dinslaken Peter Lange 0172 208 44 79 peter-dinslaken@t-online.de

Stadtsportverband Hamminkeln

Provinzialstraße 73 46499 Hamminkeln Jürgen Tenbrink 02873 4 84 ssv-hamminkeln@freenet.de

Gemeindesportverband Hünxe

Eichenweg 29 46569 Hünxe Gottfried Benninghoff 02064 313 44 a.huelsemann@anwalt-notar-wsb.de

Stadtsportverband Kamp-Lintfort

Heinrichstraße 39 47475 Kamp-Lintfort Manfred Klessa 02842 804 51 m.klessa@t-online.de

Stadtsportverband Moers

47447 Moers Dr. Claus Hagemann 02841 9 39 92 15 ssv-moers@t-online.de

Kantstraße 1c

Stadtsportverband Neukirchen-Vluyn

Haarbeckstraße 8 47506 Neukirchen-Vluyn Franz Frings 02845 3 14 18 franzfrings@stadtsportverband-nv.de

Stadtsportverband Rheinberg

Berkastraße 2 47495 Rheinberg Ulrich Glanz 02843 69 95 or 0171 267 86 35 info@stadtsportverband-rheinberg.de

Gemeindesportverband Schermbeck

Schmetzberg 12c 46514 Schermbeck Hans Kutscher 0173 730 19 99 1.vorsitzender@gsv-schermbeck.de

Gemeindesportverband Sonsbeck

Herrenstraße 2 47665 Sonsbeck Manfred van Rennings 02838 36110 Manfred.van.rennings@sonsbeck.de

Stadtsportverband Voerde

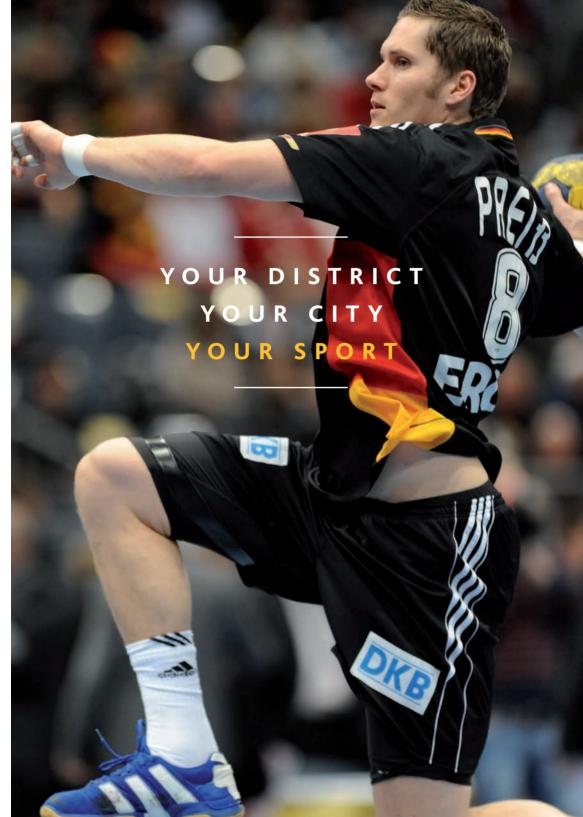
Von-der-Mark-Straße 5 46562 Voerde Dieter Ellerbrock 0281 4 16 05 dieter.ellerbrock@gmx.de

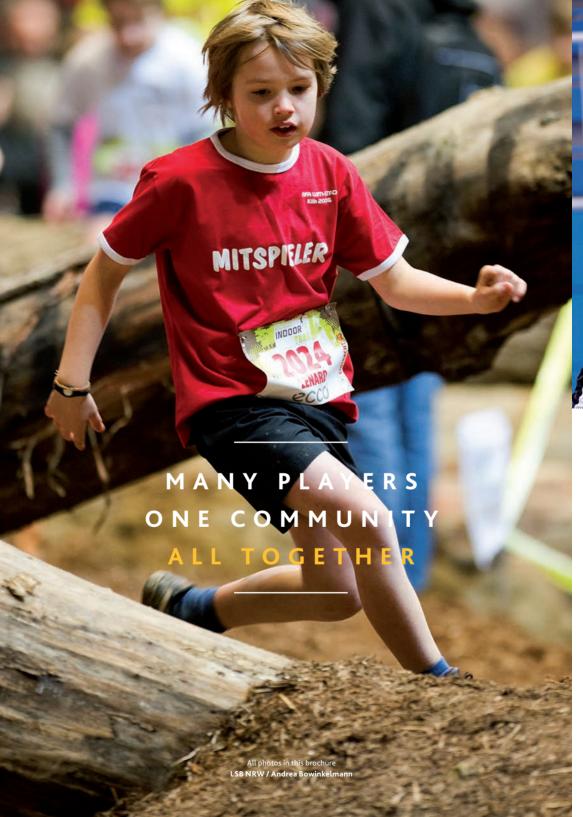
Stadtsportverband Wesel

Herzogenring 34 46483 Wesel Frank Rothkopf 0281 203 25 76 info@ssv-wesel.de

Stadtsportverband Xanten

Reinhardstraße 23 46509 Xanten Helmut Reis 02802 27 62







Want to get active now and join a sports club?

We would be pleased to send information and contact details about sports clubs in your area. Please fill in the postcard below and send it back to us with sufficient postage.

Response

Please fill in:

Name

First name

Street

Postcode, City

I'd like information about the following sport

Affix postage stamp

Kreissportbund Wesel e.V.

Stralsunder Straße 21 46483 Wesel SUPPORTED BY:



Ministerium für Familie, Kinder, Jugend, Kultur und Sport des Landes Nordrhein-Westfalen





